# Community Health Needs Assessment Report

September 2020

Approved on December 16, 2020 by Doctors Memorial Hospital Board of Trustees





# **Community Health Needs Assessment**

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#### **EXECUTIVE SUMMARY**

The purpose of this Community Health Needs Assessment (CHNA) report is to provide Doctors Memorial Hospital with a functioning tool to guide the hospital as it works to improve the health of the community it serves. In addition, the report meets the guidelines of the Internal Revenue Service.

The results of the CHNA will guide the development of Doctors Memorial Hospital's community health improvement initiatives and implementation strategies. This is a report that may be used by many of the hospital's collaborative partners in the community.

The assessment was performed, and the implementation strategies were created by the Community Health Needs Assessment Steering Committee with assistance from Carr, Riggs, & Ingram LLC. The assessment was conducted August - October 2020.

The main input was provided by previous patients, employees, and community representatives. An opportunity to offer input was made available to the entire community through word of mouth, plus a published and publicly available survey. Additional information came from public databases, reports, and publications by state and national agencies.

The response section of this report describes how the hospital and its collaborative partners worked together to address identified health needs in our community during the past three years. In this report, we also discuss the health priorities that we will focus on over the next three years. The CHNA report is available on the hospital's website <a href="www.doctorsmemorial.org">www.doctorsmemorial.org</a> or a printed copy may be obtained from the hospital's administrative office.

We sincerely appreciate the opportunity to continue to be a part of this community. We look forward to working with you to improve the overall health of those we serve.

JoAnn Baker Chief Administrative Officer Doctors Memorial Hospital



#### **ABOUT THE HOSPITAL**

Holmes County Hospital Corporation is a Special District of the State of Florida created under Chapter 30843 of Senate Bill No. 45 on April 23, 1955. A five-member Board of Trustees, representing each of the County Commission Districts of Holmes County, is appointed by the Governor of Florida. In 1958, construction of Holmes County Hospital, a 34-bed facility, was completed and located at 401 Byrd Avenue, Bonifay, Florida.

On April 5, 1985, Holmes County Hospital Corporation began doing business as Doctors Memorial Hospital changing its name form Holmes County Hospital. Doctors Memorial Hospital achieved CAH (Critical Access Hospital) status in July 2002. In June 2002, the Holmes County Hospital Corporation purchased 10 acres at the southeast corner of I-10 and Highway 79 for the purpose of building a replacement facility.

Doctors Memorial Hospital encountered several obstacles in its efforts to construct a new hospital. Among them included a law that required rural hospitals building a replacement facility located more than one mile from an existing hospital to undergo a costly certificate of need review by the Agency for Healthcare Administration. With the help of local legislators, this law was amended to allow construction of replacement facilities within 10 miles of current facility if the hospital still served the same population. A second obstacle was a legal limit on the amount of funds that could be borrowed by the hospital corporation that owns the hospital. This too required a change in stature followed by a local referendum in November 2005 to approve the borrowing of funds for the new facility. The community's support resulted in an 83% approval of the referendum, thus clearing the way to procure funding for the \$16.7 million project. After funding for the replacement facility was secured in November of 2006, construction for the 48,000 square foot facility began in April 2007.



Figure 1 - Photo of Doctors Memorial Hospital Sign



#### **Community Health Needs Assessment**

On April 1, 2008, Doctors Memorial Hospital opened the current facility located at 2600 Hospital Drive, Bonifay, Florida with 20 private medical/surgical rooms and an expanded Emergency Department consisting of 10 beds as compared to 4 at the former facility. The hospital offers Radiological Services such as: Mammography, Ultrasound, Bone Densitometry, CT Scans, and Nuclear Medicine. The clinical Laboratory performs 95% of testing in house and has plans to add Microbiology when feasible. A state-of-the-art Rehabilitation Department offers Physical, Speech, and Aquatic Therapy to serve the patients of Holmes and surrounding counties. The enlarged Surgical Suite includes one procedure room, and an operating room with Pre-op/Post-op area that can serve up to 4 patients.

After receiving a Capital Improvement Grant in 2008, Doctors Memorial Hospital was able to purchase and install a Modular Doctor's Office Building that opened in January 2009. Specialty Physicians in the fields of Dermatology and Pediatric Cardiology, Pulmonology, Nephrology, and Gastroenterology conduct clinics in the Medical Office Buildings. It is the mission of Doctors Memorial Hospital to bring quality physicians to the medical office to meet the patient's needs closer to home.



Figure 2 - Night photo of Doctors Memorial Hospital



Figure 3 - Photo of entrance of Doctors Memorial Hospital

#### **Our Mission**

Doctors Memorial Hospital is a progressive, fully accredited, full-service health care facility, offering compassionate, quality care in a family-oriented environment. We provide care to those in need throughout the Panhandle area centered in Holmes, Jackson, Washington and Walton counties.

#### **Our values**

- Respecting the dignity of individuals, including our patients, families, staff, and physicians.
- Providing modern health care with a compassionate, caring touch.
- Educating our community, staff and physicians.
- Pursuing excellence through continuous quality improvement.
- Empowering our staff and physicians to participate cooperatively in improving health care in our community.
- Seeking creative, innovative solutions.
- Promoting fiscal responsibility through efficiency and cost effectiveness.
- Exceeding the expectations of those we serve.
- Communicating our mission and values clearly and consistently through our actions.

Figure 4 - Photo of the interior of Doctors Memorial Hospital



# THE COMMUNITY HEALTH NEEDS ASSESSMENT

# **Background**

The federal government now requires that non-profit hospitals conduct a Community Health Needs Assessment (CHNA) once every three years. The full report must contain both an assessment of the community, and an implementation strategy to address the needs recognized in the assessment. There are specific guidelines and dates set forth by the IRS that the organization must follow that includes: making the report available to the public, posting the board approved report to the hospital's website by the fiscal year end of the year the report is due, and be reported on the hospital's IRS Form 990. Failure to comply with these guidelines could result in a fine by the IRS of \$50,000, and the possibility of losing the organization's tax-exempt status. Based on these guidelines, Doctors Memorial Hospital's CHNA is due to be completed and board approved by their fiscal year end of September 30, 2020. However, calendar year 2020 has been anything but normal as the world has faced off with the "Novel" Coronavirus referred to as COVID-19. The virus has created a Public Health Emergency (PHE) unlike anything seen in recent years. In response to the PHE, the IRS released "Notice 2020-56" (Appendix A contains a copy of the release) extending the deadline to complete CHNA's to December 31, 2020 for Hospital Organization's due to complete their report on or after April 1, 2020 and before December 31, 2020. Due to the extension granted by the IRS, Doctors Memorial CHNA is now due to be completed and board approved by December 31, 2020.

# **Community Engagement**

the health of our citizens.

These collaborative studies help healthcare providers build stronger relationships with their communities, identify needs, and dedicate funding and other resources toward programs that clearly benefit residents. The Community Health Needs Assessment can also define opportunities for healthcare improvement, create a collaborative community environment to engage multiple change agents, and is an open and transparent process to listen and truly understand the health needs of Holmes County. It also provides an opportunity for the hospital to identify valuable collaborative partners as we try to better serve the community and improve



Figure 5 - Doctors Memorial Hospital discussing healthcare in the community



Figure 6 - Photo of event at Doctors Memorial Hospital

### **Transparency**

We are pleased to share with our community the results of our Community Health Needs Assessment. The following pages offer a review of the strategic activities we have undertaken, over the last three years, as we responded to specific health needs, we identified in our community. The report also highlights the updated key findings of the assessment. We hope you will take time to review the health needs of our community as the findings impact each citizen of our rural Florida community. Also, review our activities that were in response to the needs identified in 2016-17. Hopefully, you will find ways you can personally improve your own health and contribute to creating a healthier community.

# **Data Collection**

Primary and secondary data was gathered, reviewed, and analyzed so that the most accurate information was available in determining the community's health needs and appropriate implementation process.

Primary Data: collected by the assessment team directly from the community through conversations, telephone interviews, community surveys; the most current information available.

Secondary Data: collected from sources outside the community and from sources other than the assessment team; information that has already been collected, collated, and analyzed; provides an accurate look at the overall status of the community.



# **ABOUT THE COMMUNITY**

#### **Service Area:**

**Primary:** Holmes County

Secondary: Washington, Jackson, and Walton counties

# **Geography of the Primary Service Area:**

Holmes County is in the northwestern part of Florida often referred to as the "Panhandle". The county seat is Bonifay. According to the U.S. Census Bureau, the county has a total are of 489 square miles, of which 479 square miles (or 97.9%) is land and 10 square miles (or 2.1%) is water. Holmes County is bordered by Geneva County, AL to the North; Jackson County, FL to the East; Washington County, FL to the South; and Walton County, FL to the West.

Figure 7 - Map of the location of Holmes County



#### **Community Health Needs Assessment**

#### **Healthcare Providers in the Area:**

- Doctors Memorial Hospital
- Northwest Florida Community Hospital
- Healthmark Regional Medical Center
- Jackson County Hospital
- Wiregrass Medical Center
- Twin Cities Hospital
- Fort Walton Beach Medical Center
- Ascension Sacred Heart Hospital Emerald Coast
- Gulf Coast Regional Medical Center
- Select Specialty Hospital Panama City
- Calhoun Liberty Hospital
- Florida State Hospital
- Donalsonville Hospital

Figure 8 - Map listing the providers within the service area of Doctors Memorial Hospital

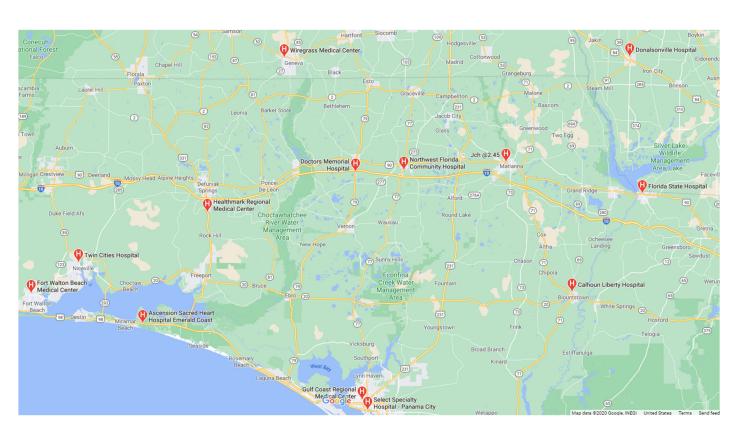




Figure 9 - Photo of interior of Doctors Memorial Hospital

# **Population:**

Holmes County has a total population of 19,430 citizens, while the state of Florida has a total population of 20,598,139.<sup>1</sup> Over the past decade, Holmes County has seen a slow decline in the population growth rate of -1.5%. In comparison, the state of Florida has seen a steady increase in the population growth rate of 14.2% while the United States saw an increase of 6.3% respectfully.<sup>2</sup>

### **Response to Previous CHNA initiatives:**

Doctors Memorial Hospital along with the Healthy Holmes Task Force held quarterly meetings to discuss the Community Health Implementation Plan and the progress made. As part of those meetings, the committees had written agendas, kept meeting notes, and made copies of information used in various community events. The meeting notes documents the events of the past three years of meetings and community involvement. This information will be considered supplemental, and can be provided upon request.

#### **Demographics:**

# Sex and Age:

Further analysis of Holmes County's population shows that it is 54% male and 46% female; whereas the state average is 48.9% male and 51.1% female (Figure 10). Holmes County has a median age of 42.5 years, which compares to the state's median age of 41.9 years.<sup>3</sup> Holmes County's population is ahead of the state in most age range categories starting at age 35 and up (Figure 11).

<sup>&</sup>lt;sup>3</sup> U.S. Census Bureau, 2018 American Community Survey 5-Year Estimates, Table DP05



<sup>&</sup>lt;sup>1</sup> U. S. Census Bureau, 2018 American Community Survey 5-Year Estimates, Table DP05

<sup>&</sup>lt;sup>2</sup> U. S. Census Bureau QuickFacts: Holmes County, Florida, and the United States

Figure 10 - Sex Comparison - Holmes County and Florida

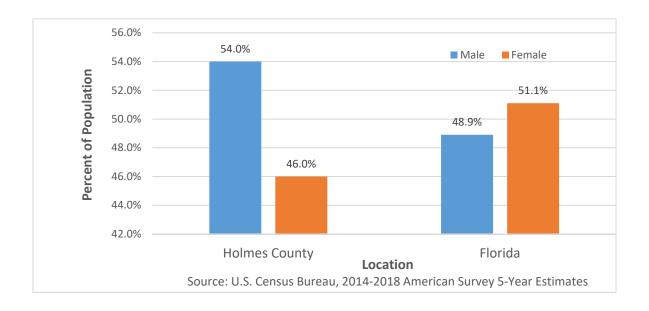
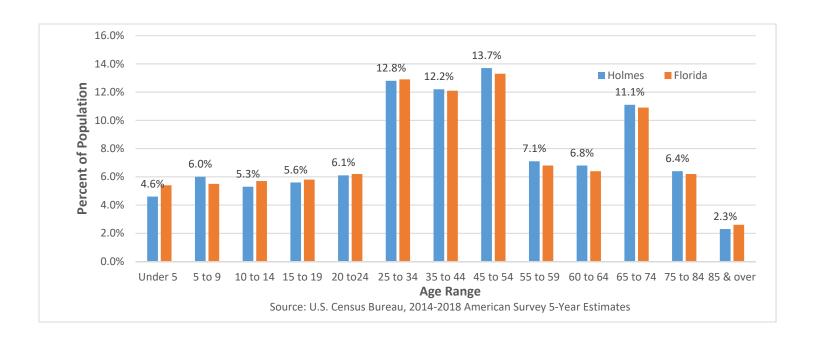


Figure 11 - Population by Age Group - Holmes County and Florida



# **Racial Mix and Ethnic Background:**

The racial mix and ethnic background of the citizens of Holmes County is less diverse than the population of the state of Florida. Of the citizens in Holmes County, 88.9% are white in comparison to 75.4% for the state of Florida (Figure 12). Comparing citizens with a Hispanic or Latino background, Holmes County's ethnic mix is 2.7% compared to 25.2% for the state of Florida (Figure 13).

Figure 12 - Population by Racial Mix - Holmes County and Florida

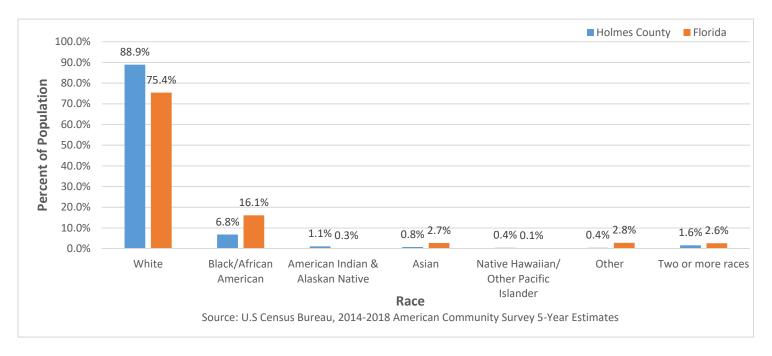
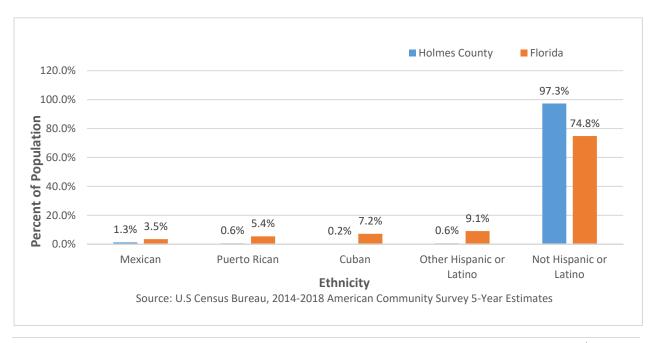


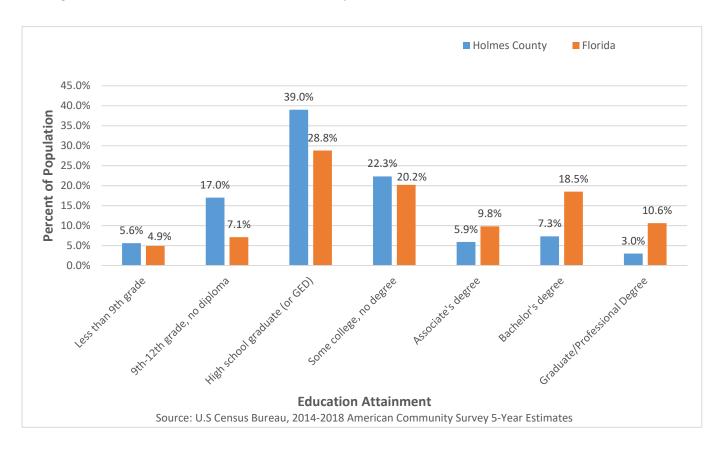
Figure 13 - Population by Ethnic Group - Holmes County and Florida



#### **Education Attainment:**

Of the population 25 years of age and older, Holmes County residents that are a High school graduate or higher is 77.4% compared to 88% for the state of Florida. Residents with a bachelor's degree or higher is 10.3% for Holmes County compared to 29.2% for the state of Florida (Figure 14).

Figure 14 - Education Attainment - Holmes County and Florida



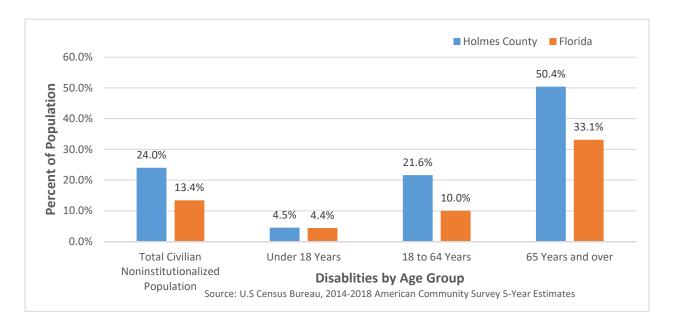
# Population with a Disability:

#### What is a disability?

A disability is any condition of the body or mind (impairment) that makes it more difficult for the person with the condition to do certain activities (activity limitation) and interact with the world around them (participation restrictions).<sup>4</sup>

Holmes County when compared to the state of Florida has a larger number of residents with a disability. In Holmes County, 24% of the total population has a disability, compared to the state of Florida with 13.4% of the total population. See the chart below for additional comparisons between age groups for residents with disabilities in Holmes County compared to the state of Florida (Figure 15).





Individuals with a disability will face many obstacles during their lifetime. They are also more likely to have other medical issues, increased difficulty in accessing care, and will incur higher healthcare costs.

Disability impacts all of us, and each of us may experience a disability in our lifetime. The Centers for Disease Control and Prevention's National Center on Birth Defects and Development Disabilities has developed a Factsheet demonstrating how "Disability Impacts ALL of US" (Figure 16).<sup>5</sup>

<sup>&</sup>lt;sup>5</sup> U.S. Centers for Disease Control and Prevention. (2020, November 16). Disability Impacts All of Us – Factsheet. Retrieved from CDC.gov: <a href="https://www.cdc.gov/ncbddd/disabilityandhealth/impacts/florida.html">www.cdc.gov/ncbddd/disabilityandhealth/impacts/florida.html</a>



<sup>&</sup>lt;sup>4</sup> U.S. Centers for Disease Control and Prevention. (2020, November 16). Disability and Health Overview. Retrieved from CDC.gov: <a href="https://www.cdc.gov/ncbddd/disabilityandhealth/disability.html">www.cdc.gov/ncbddd/disabilityandhealth/disability.html</a>

#### **Community Health Needs Assessment**

Figure 16 - Disability Impacts ALL of US – CDC's National Center on Birth Defects and Development Disabilities – Factsheet

CDC's National Center on Birth Defects and Developmental Disabilities

# Disability Impacts ALL of US



### Each of us may experience a disability in our lifetime.

CDC's National Center on Birth Defects and Developmental Disabilities supports efforts to include adults with disabilities in disease prevention, health promotion, and emergency response activities, while working to remove barriers to health care and improve access to routine preventive services.



Despite progress, adults with disabilities in Florida and across the country continue to experience significant differences in health characteristics and behaviors compared to adults without disabilities.



#### Percentage of adults with select functional disability types\*

MOBILITY: Serious difficulty walking or climbing stairs

COGNITION: Serious difficulty concentrating, remembering, or making decisions

INDEPENDENT LIVING: Difficulty doing errands alone, such as visiting a doctor's office or shopping

HEARING: Deafness or serious difficulty hearing

VISION: Blind or serious difficulty seeing, even when wearing glasses

SELF-CARE: Difficulty dressing or bathing

ć,

11.4% 12.6% (5) COGNITION







Types of Disabilities Comparing

U.S. with Florida

United States Florida



\* Data Source: 2017 Behavioral Risk Factor Surveillance System (BRFSS).

"\* Disability-associated healthcare expenditures are presented in 2006 dollars as reported in Anderson et al. 2010. This value represents approximately 26% of total healthcare expenditures for the state of Florida.

National Center on Birth Defects and Developmental Disabilities Division of Human Development and Disability



For more information go to www.cdc.gov/disabilities

**Community Health Needs Assessment** 

#### **Economic Factors:**

#### Income:

The median household income in Holmes County is \$38,608 compared to \$53,267 for the state of Florida. The mean household income in Holmes County is \$49,636 compared to \$76,652 for the state of Florida. Holmes County has a greater number of residents making \$50,000 or less when compare to the state of Florida. Figure 17 gives a breakdown of the percentages in multiple categories.

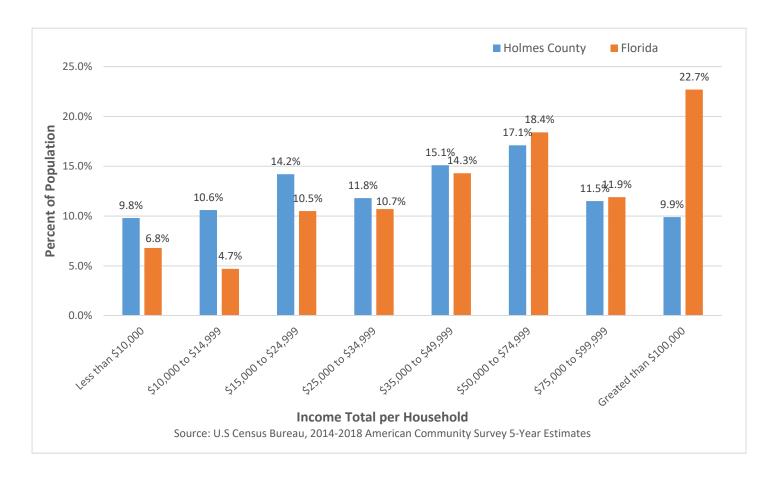


Figure 17 - Income Total per Household as a percentage of the population - Holmes County and Florida

<sup>&</sup>lt;sup>6</sup> U. S. Census Bureau, 2018 American Community Survey 5-Year Estimates, Table DP03

#### **Community Health Needs Assessment**

#### **Major Employers by Industry:**

Major employers in Holmes County are in Education, Healthcare, Social Services, Construction, and Retail trade. Figure 18 shows a comparison with state of Florida between the different labor groups identified by the U.S. Census Bureau. Further analysis into the leading types of industry in Holmes County can assist in explaining why the average annual wage in Holmes County is lower when compared to the state of Florida's average annual wage (Figure 19) due to these types of industries typically generating a lower hourly wage along with being in a rural area.

Figure 18 - Percentage of Employed Population 16 years and over - Holmes County and Florida

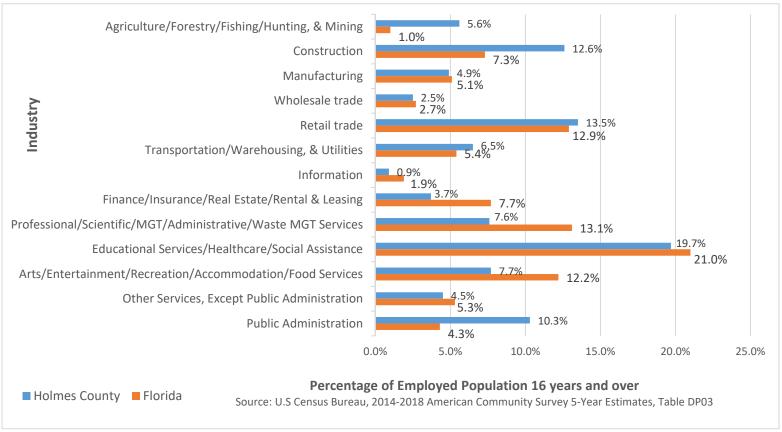
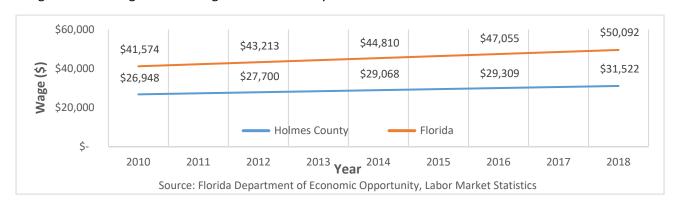


Figure 19 - Average Annual Wage - Holmes County and Florida



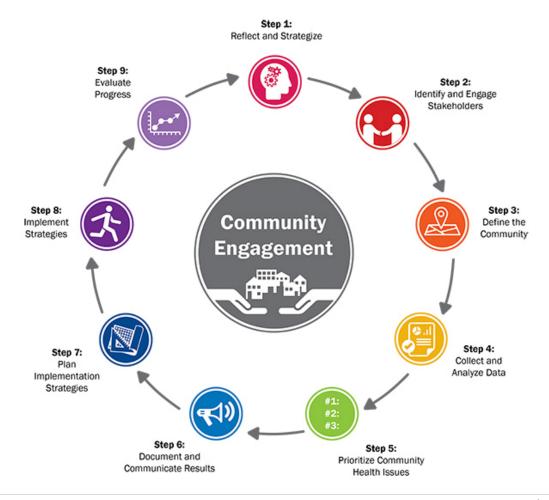
#### INPUT FROM THE COMMUNITY

# **Community Survey:**

Doctors Memorial wanted to better understand the health status of Holmes County through the mindset of the community. As a result, an online community survey was developed by the hospital. Members of the general public were encouraged by the hospital to participate in the online survey. The data collected from the survey was given consideration and used by the Steering Committee in establishing the top health priorities for Doctors Memorial to focus on over the next three years.

Disclaimer regarding the community survey: Of the members of the community that responded to the survey not all the respondents answered every question on the survey. In charts and analysis that follow, the calculations are based on the number of respondents that answered that specific question versus that total number of respondents that took the survey. Appendix B contains a copy of the community survey made available to community members.

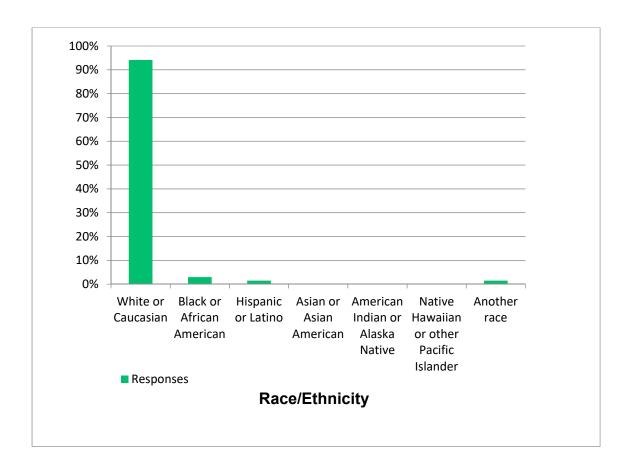
Figure 20 - The Association for Community Health Improvement's Community Health Assessment Toolkit Nine-step Pathway – Sponsored by Centers for Disease Control and Prevention



#### **Demographics of Survey Respondents:**

Of the survey respondents 94% were white (Figure 21), and of those that responded to the question on gender 76% were female and 24% were male (Figure 22). The top three age groups that responded to the question about age were 55-64 (27%), 35-44 (20%), and 45-54 (16%) (Figure 23). Everyone that answered the question regarding education had a high school degree or higher (Figure 24). About 95% of the respondents who answered the question related to employment were either employed or retired (Figure 25). Figure 26 shows the annual household income before tax for those that responded to this question.

Figure 21 - Race/Ethnic Background of Community Survey Respondents



# **Community Health Needs Assessment**

Figure 22 - Gender of Community Survey Respondents

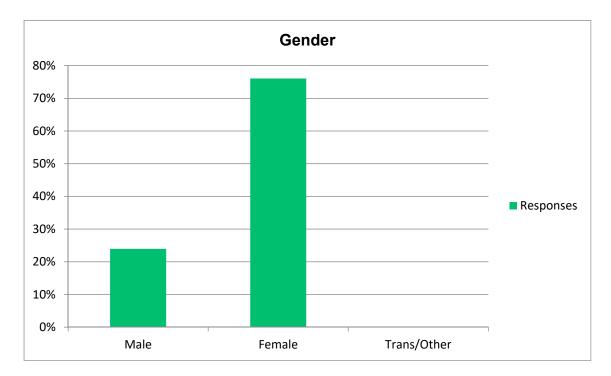


Figure 23 - Age Range of Community Survey Respondents

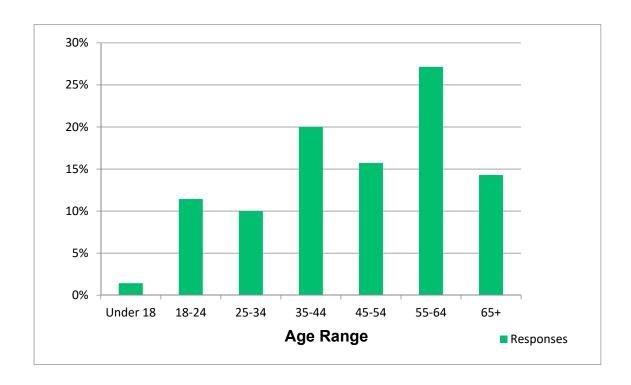


Figure 24 - Education Level of Community Survey Respondents

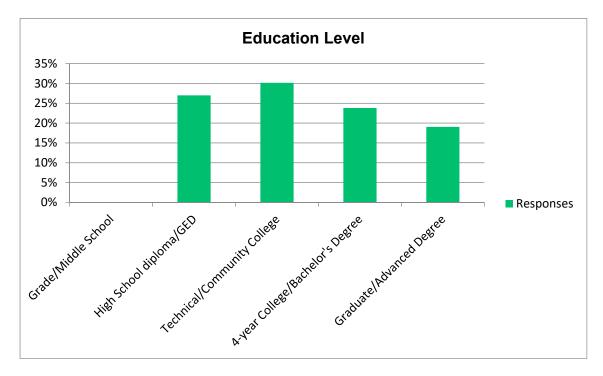


Figure 25 - Employment Status of Community Survey Respondents

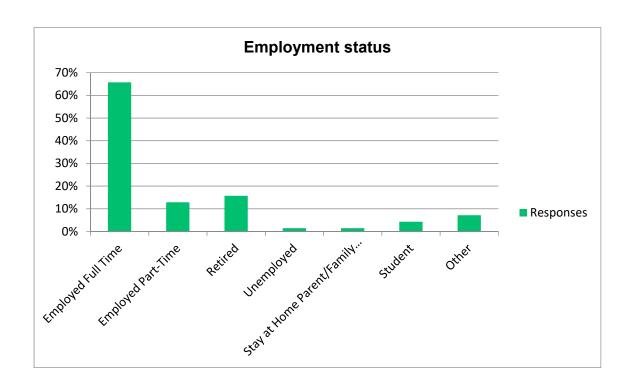
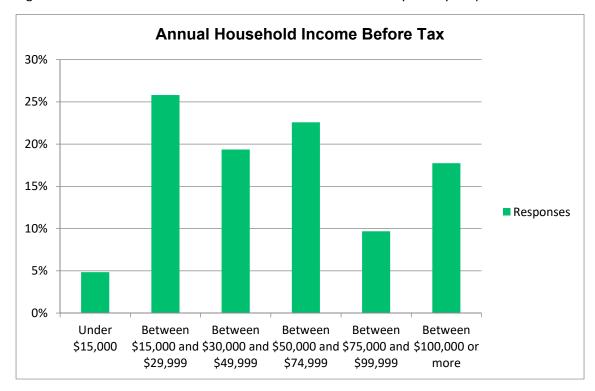


Figure 26 - Annual Household Income before Taxes of Community Survey Respondents



#### Survey Respondents on the health of the community:

Survey respondents were asked to rate their own overall health (Figure 27), and to rate the overall health of Holmes County (Figure 28).

Figure 27 - Survey Respondents own health rating

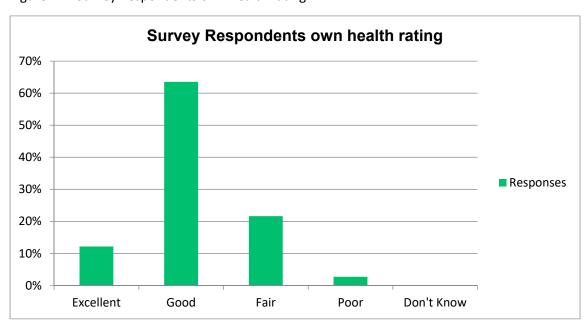
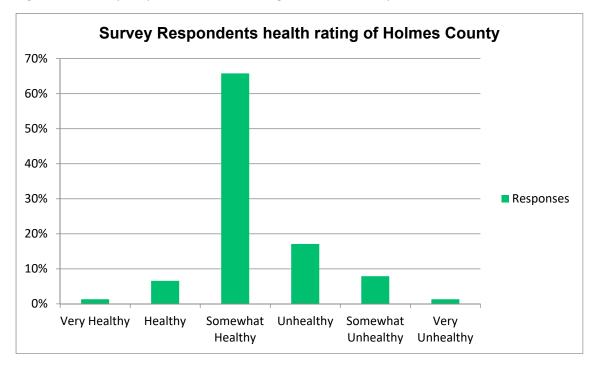


Figure 28 - Survey Respondents health rating of Holmes County



### Remaining survey questions:

The following figures/graphs are responses to questions related to health concerns, access to care, barriers to care, and the types of characteristics survey respondents feel make a community healthy.

Figure 29 - General photo of taking an online survey



Figure 30 - What the Survey Respondents felt were the most important features of a healthy community

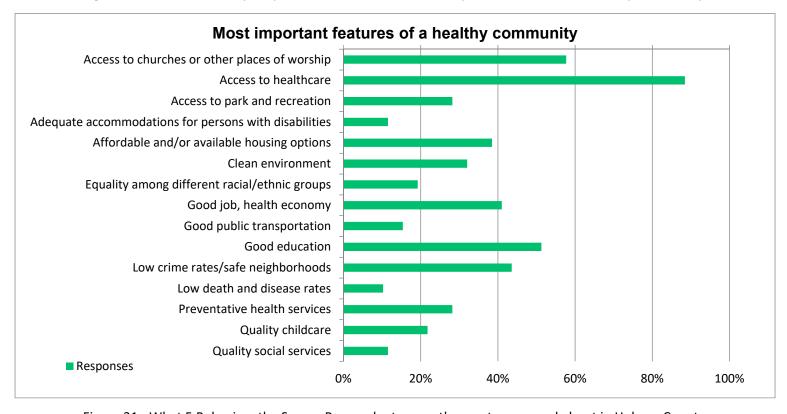


Figure 31 - What 5 Behaviors the Survey Respondents were the most concerned about in Holmes County

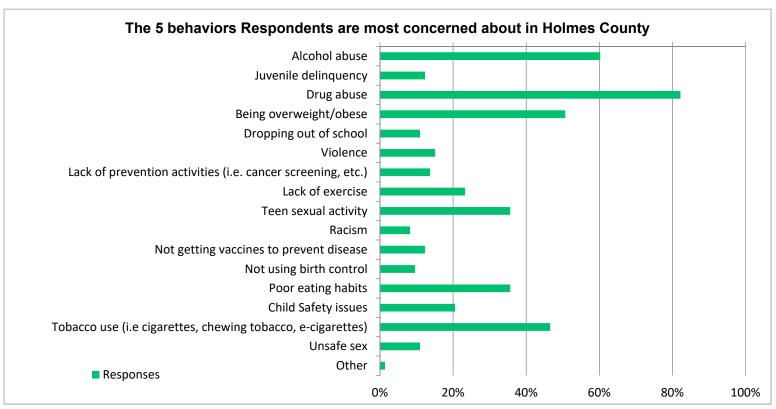


Figure 32 - What the Survey Respondents felt were barriers for getting healthcare

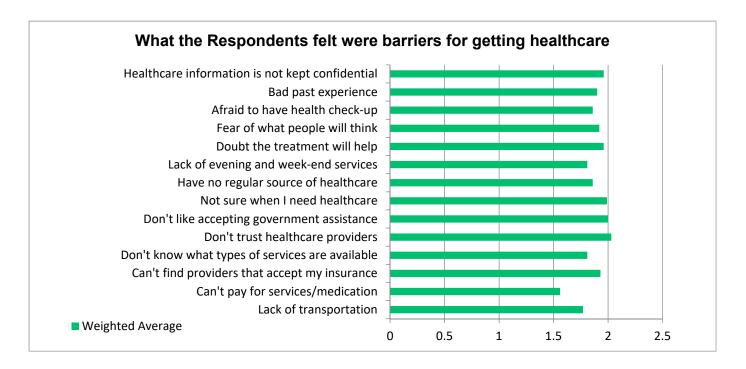


Figure 33 - What the Survey Respondents do when needing to use prescription medications

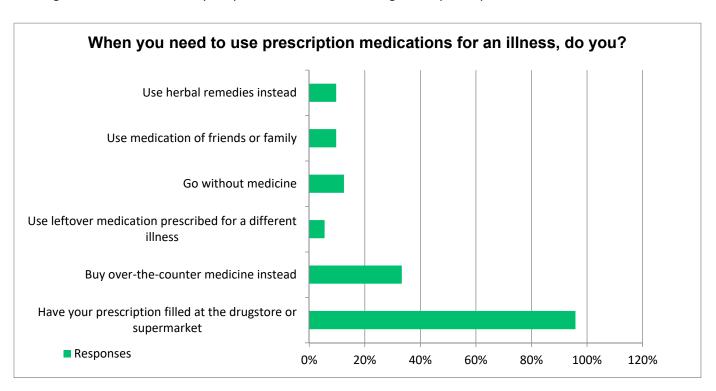


Figure 34 - What the Survey Respondents felt were the most important health issues in Holmes County

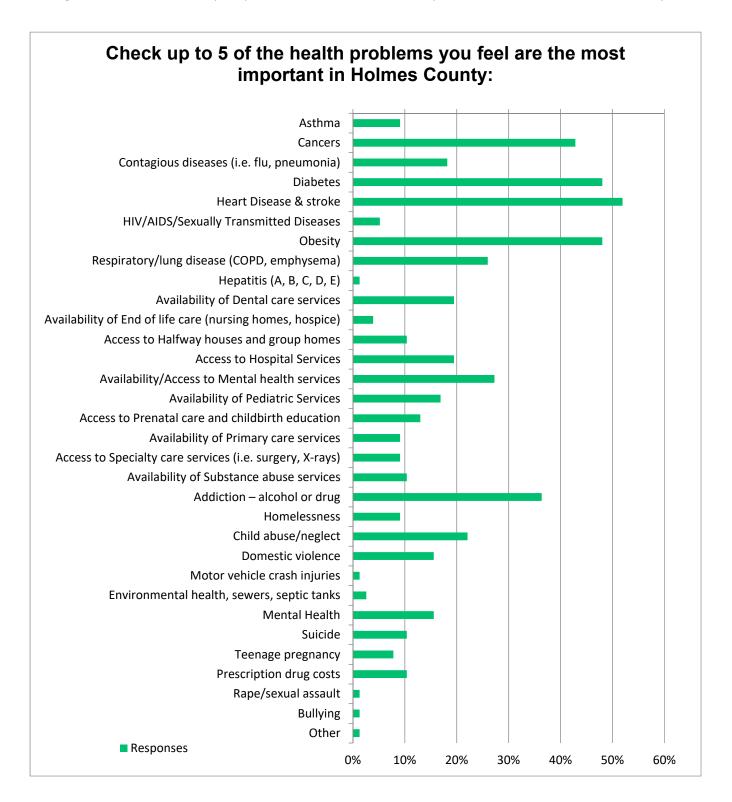


Figure 35 - How the Survey Respondents healthcare is covered (i.e. insurance)

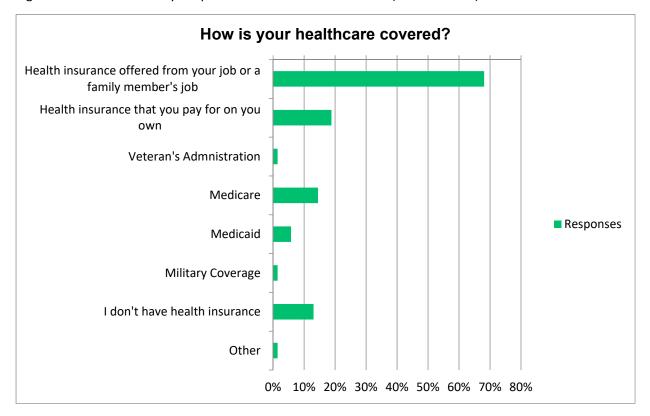


Figure 36 - Who Survey Respondents feel are most responsible for keeping them healthy

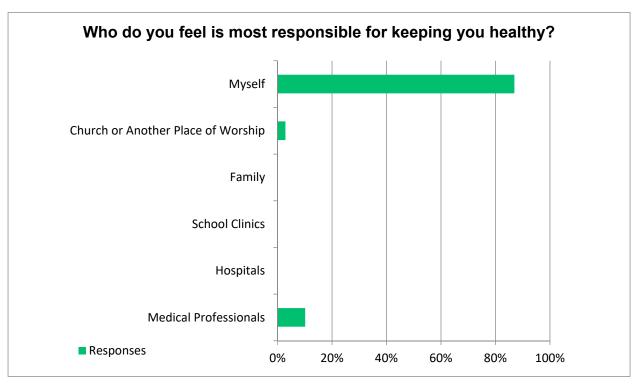


Figure 37 - Where Survey Respondents go if they are sick and need medical advice

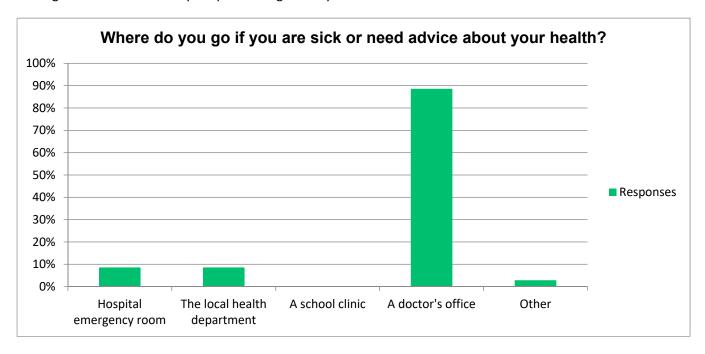
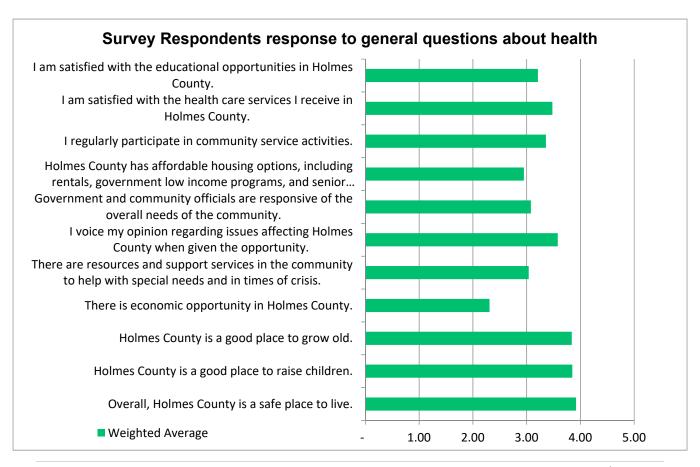
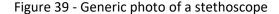


Figure 38 - Survey Respondents response to general questions about health



# Community Focus Group Impacted by COVID-19:

Focus groups present an important component in soliciting information from the community about the health status of Holmes County. Doctors Memorial Hospital had intended to conduct focus groups inviting different members of the community to participate in discussing the health of Holmes County. However, during fiscal year 2020 the United States and the state of Florida was battling a public health emergency (PHE) known as "COVID-19". During the PHE, states had to shut down asking citizens to remain home to try and help slow the spread. Many restrictions were put in place to protect the public and slow the spread of the virus. Recommendations from the CDC over the course of the year for the general public included: staying 6 feet away from others, wear a face mask, wash hands frequently, avoid large gathers, and there were multiple others noted throughout the year to give the public guidance on how to protect themselves. Doctors Memorial Hospital also had to operate under difficult circumstances to protect its community. One of the guidelines from the CDC asks healthcare providers to adjust the way they deliver healthcare services to reduce the need to provide in-person care.<sup>7</sup> In response to the PHE and the guidelines put in place by the CDC Doctors Memorial Hospital choose not to conduct a focus group in the best interest of the community it serves. They choose to utilize its community survey to assist in collecting information from the community with the intent to engage the community in person once the PHE has passed.





<sup>&</sup>lt;sup>7</sup> U.S. Centers for Disease Control and Prevention. (June 28, 2020). Healthcare Facilities: Managing Operations During the COVID-19 Pandemic. Retrieved from CDC.gov: <a href="https://www.cdc.gov/coronavirus/2019-ncov/hcp/guidance-hcf.html#">www.cdc.gov/coronavirus/2019-ncov/hcp/guidance-hcf.html#</a>



# **Community Health Needs Assessment Steering Committee:**

The committee is responsible for the oversight, design, and implementation of the CHNA. It will continue to collect information, establish community relationships and oversee the budget and funding sources. Adhering to an agreed upon timeline, the committee will generate, prioritize, and select approaches to address community health needs.

The hospital's administrator developed a hospital steering committee. The appointed members are listed below. Other members may serve on the steering committee as the committee's work progresses.

#### **Committee Members:**

- JoAnn Baker, Chief Administrative Officer, Doctors Memorial Hospital
- Cynthia Brooks, Board Chairman, Doctors Memorial Hospital
- Traci Corbin, DNP, Florida Department of Health Holmes County
- Karen Johnson, Retired Administrator, Holmes County Department of Health
- Tracey Long, Administration Assistant, Doctors Memorial Hospital
- JoAnn Royalty, RN, Director Health Information Management, Doctors Memorial Hospital



Figure 40 - Doctors Memorial Hospital emblem

# **Top Health Issues Facing the Community:**

# **Leading Causes of Death:**

Figure 41 shows the leading causes of death in Holmes County. The number of deaths is measured at a rate per 100,000 population. For comparison purposes, the death rate for the state of Florida is listed in each category next to the death rate of Holmes County. An example of how to read the chart is as follows: for heart disease Holmes County is significantly higher than the state of Florida; the rate for Holmes County is 245.5 deaths per 100,000 population compared to 146.6 deaths per 100,000 population for the state of Florida.

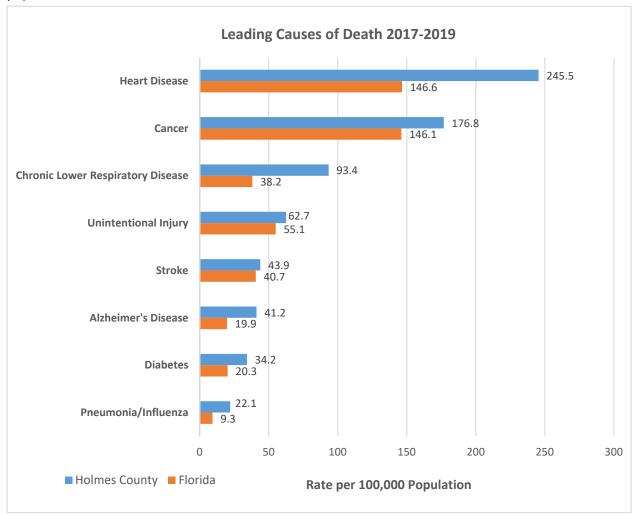


Figure 41 - Leading Causes of Death, Holmes County and Florida 2017-2019

On the following couple of pages there is additional information related to the two leading causes of death for Holmes County Heart Disease and Cancer.

#### **Heart Disease:**

Heart disease is the leading cause of death for men, women, and people of most racial and ethnic groups in the United States. About 655,000 Americans die from heart disease each year that is 1 in every 4 deaths. Heart disease costs the United States about \$219 billion each year from 2014-2015. The most common type of heart disease is coronary heart disease. High blood pressure, high blood cholesterol, and smoking are key risk factors for heart disease.<sup>8</sup>

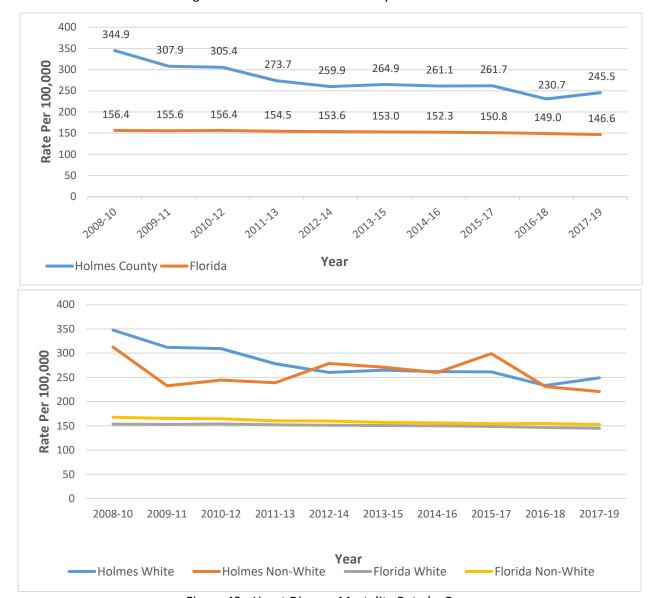


Figure 42 - Heart Disease Mortality Rate All Races

Figure 43 - Heart Disease Mortality Rate by Race

<sup>&</sup>lt;sup>8</sup> U.S. Centers for Disease Control and Prevention. (November 19, 2020). Heart Disease Facts. Retrieved from CDC.gov: <a href="https://www.cdc.gov/heartdisease/facts.htm">www.cdc.gov/heartdisease/facts.htm</a>



#### Cancer:

Cancer is the second leading cause of death in the United States, but many kinds of cancer can be prevented or caught early. In the United States, 1.7 million people are diagnosed with cancer each year, 600,000 people die of cancer each year, and there is approximately \$174 billion dollars expected to be spent in calendar year 2020.<sup>9</sup>

Figure 44 - Cancer Mortality Rate All Races

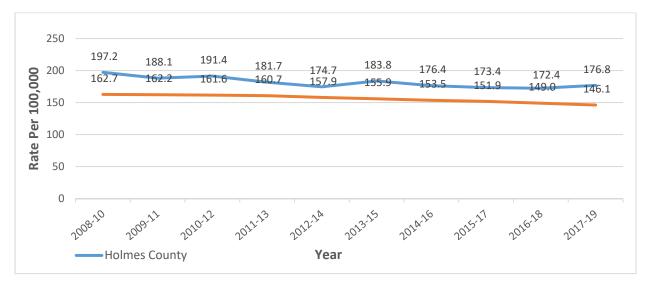
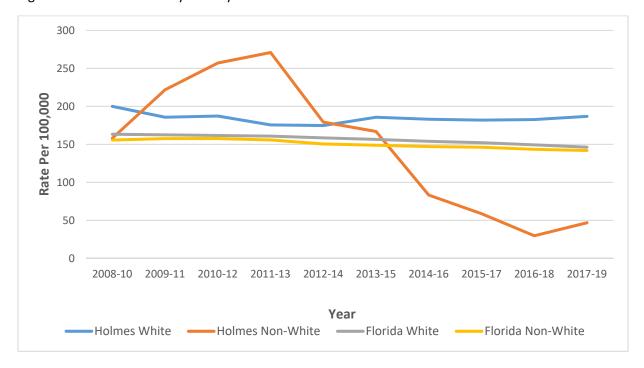


Figure 45 - Cancer Mortality Rate by Race



<sup>&</sup>lt;sup>9</sup> U.S. Centers for Disease Control and Prevention. (November 19, 2020). Cancer Facts. Retrieved from CDC.gov: <a href="https://www.cdc.gov/chronicdisease/resources/publications/factsheets/cancer/htm">www.cdc.gov/chronicdisease/resources/publications/factsheets/cancer/htm</a>



# **Top Health Issues Identified by Community:**

Doctors Memorial Steering Committee through conversations with community members and distribution of an online survey throughout Holmes County gave residents an opportunity to voice their opinions on the health status and health needs of Holmes County. Below is a summary of the top health issues identified by community members as the top health issues in Holmes County:

- 1. Heart Disease & Stroke
- 2. Diabetes
- 3. Obesity
- 4. Cancers
- 5. Addiction Drug or alcohol
- 6. Mental Health Issues

# **Top Health Priorities:**

After reviewing the quantitative data, as well as the top health issues identified through conversations with community members and community surveys, Doctors Memorial Hospital's steering committee voted on which issues would become the priority issues to be addressed through the Community Health Improvement Planning process. The steering committee identified the following as priority issues for the Community Health Improvement Plan (CHIP):

- Healthy Lifestyle/Prevention (including Obesity, Poor Nutrition/Unhealthy Eating, and Tobacco Use)
- 2. Substance Abuse/Mental Health/Domestic Violence
- 3. Chronic Disease Prevention (including Diabetes, High Blood Pressure, and Heart Disease)
- 4. COVID-19 and its impact on the health and well-being of the community



# **Community Health Implementation Plan:**

# Health Issue Priority: Healthy Lifestyle & Chronic Disease Prevention

Goal: Reduce obesity and chronic disease rates in children and adults to enhance quality of life by promoting healthy lifestyle choices.

## Objective:

- By April 30, 2023, increase the percent of adults who engage in aerobic physical activity of at least moderate intensity for at least 150 minutes per week, or 75 minutes per week of vigorous activity, or an equivalent combination from 38.1% to 41.1%.
- By April 30, 2023, decrease the percent of adults who are obese from 30.7% to 27.7%. (1)

- Behavioral Risk Factor Surveillance System (BRFSS)
- Behavioral Risk Factor
   Surveillance System (BRFSS)

Strategies	Resources	Lead Person/Organization Measur		Current Performance Level	Target
Sponsor one 5k race in Holmes County.	<ul> <li>Holmes County Ministerial Association</li> <li>Faith Based Organizations</li> <li>Holmes County School District</li> <li>Holmes County Advertiser</li> </ul>	Doctors Memorial Hospital	5k implemented	0	1
Research other health programs that include physical activity as an option for staff and patients.	<ul> <li>Weight Watchers- Chipley</li> <li>Bonifay Athletic Club</li> <li>Doctors memorial Physical Therapy area.</li> </ul>	Florida Department of Health in Holmes County	List of health programs researched	0	1
Initiate "Heart Walk" for Cardio health.	<ul> <li>Florida Department of Health in Holmes County</li> <li>Local Medical Providers</li> <li>Holmes County Library</li> <li>Holmes County Advertiser</li> </ul>	Doctors Memorial Hospital	# of walking events	1	1

<sup>■</sup> represents alignment with the National Healthy People 2020 initiative

<sup>▲</sup>represents alignment with the Florida State Health Improvement Plan



**Community Health Needs Assessment** 

**Goal:** Reduce obesity and chronic disease rates in children and adults to enhance quality of life by promoting healthy lifestyle choices.

# Objective:

- By April 30, 2023, increase the percent of adults in Holmes County who consume three or more servings of vegetables per day from 10% to 12%.
- By April 30, 2023, decrease the proportion of adults who are obese from 30.7% to 27.7%.  $(\blacksquare)$

- Behavioral Risk Factor
   Surveillance System (BRFSS)
- Behavioral Risk Factor
   Surveillance System (BRFSS)

Strategies	Resources Lead Person/Organization Measu		Measure	Current Performance Level	Target
Partner with HHTF to provide nutritional information and resources.	<ul> <li>Healthy Holmes Taskforce</li> <li>Local Providers</li> <li>Florida Department of Health in Holmes County</li> <li>Holmes County School District</li> </ul>	Healthy Holmes Task Force	List of resources	0	5 total (1 annually)
Provide nutrition class options to Holmes County citizens.	<ul> <li>Weight Watchers-Chipley</li> <li>Other Peer County Best Practices</li> <li>NACCHO</li> <li>Bonifay Athletic Club</li> </ul>	Doctors Memorial Hospital	# of classes	0	1

<sup>■</sup> represents alignment with the National Healthy People 2020 initiative



<sup>▲</sup>represents alignment with the Florida State Health Improvement Plan

**Community Health Needs Assessment** 

**Goal:** Reduce obesity and chronic disease rates in children and adults to enhance quality of life by promoting healthy lifestyle choices. (a) (A)

# Objective:

- By April 30, 2023, decrease the percent of students without sufficient vigorous physical activity from 29.9% to 27.9% in middle school and from 36.7% to 34.7% in high school. (■)
- By April 30, 2023, decrease the percent of students reporting BMI at or above 95<sup>th</sup> percentile from 14.5% to 11.5% in middle school and from 14.4% to 11.4% in high school. (■)

- Florida CHARTS, School-Aged Child and Adolescent Profile
- Florida CHARTS, School-Aged Child and Adolescent Profile

Strategies	Resources	Lead Person/Organization	Measure	Current Performance Level	Target
Research other counties' implementation of 5-2-1-0 or similar local healthy lifestyle promotion campaigns.	<ul> <li>NACCHO</li> <li>National 5-2-1-0 website</li> <li>County health department websites</li> </ul>	Healthy Holmes Taskforce Members	Examples of 5- 2-1-0 programs in peer counties	0	5
Partner with lead agencies in Holmes County to create an implementation plan for the 5- 2-1-0 or similar local healthy lifestyle promotion campaign.	<ul> <li>Holmes County Public Library</li> <li>Tri-County Community         Council Head Start</li> <li>Local Early Learning Centers</li> <li>Holmes County School Board</li> <li>School Health Advisory         Council (SHAC)</li> <li>Holmes County 4-H</li> <li>Healthy Start</li> <li>Holmes County Advertiser</li> </ul>	Florida Department of Health in Holmes County	Creation of Implementation Plan	0	1

# **Community Health Needs Assessment**

Help sponsor the implementation of a 5-2-1-0 or similar local healthy lifestyle promotion campaign in Holmes County.	<ul> <li>Holmes County Public Library</li> <li>Tri-County Community Council Head Start</li> <li>Local Early Learning Centers</li> <li>Holmes County School Board</li> <li>School Health Advisory Council (SHAC)</li> <li>Holmes County 4-H</li> <li>Healthy Start</li> <li>Holmes County Advertiser</li> </ul>	Florida Department of Health in Holmes County	# of organizations that implement 5-2-1-0	0	5 (or 1 annually)	
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<sup>■</sup> represents alignment with the National Healthy People 2020 initiative

<sup>▲</sup>represents alignment with the Florida State Health Improvement Plan

**Community Health Needs Assessment** 

Goal: Reduce illness, disability, and death related to tobacco use and secondhand smoke exposure. (A)

Objective:  - By 2023, reduce the current smoking rate among adults from 23.8% to 20.8% and reduce use of smokeless tobacco products. (▲)(■)					Data Source:  - Behavioral Risk Factor Surveillance System (BRFSS)	
Strategies	Resources	Resources Lead Person/ Measure F				
Increase the number of people trained to conduct cessation classes.	AHEC – for getting people trained	Florida Department of Health in Holmes County, AHEC	# of people trained	1 person trained	At least 3 more people (1 at hospital, 1 at DOH)	
Make cessation classes available on a routine basis with options available in both the day (around lunch hour) and evening.	AHEC – for getting people trained	Florida Department of Health in Holmes County, AHEC	# of classes held	2x per month	3x per week	
Implemement new services to assist people who want to quit smoking.	AHEC     Florida Department of Health in Holmes County Tobacco     Program	Doctors Memorial Hospital	Completed survey of local providers	0	2	

<sup>■</sup> represents alignment with the National Healthy People 2020 initiative



<sup>▲</sup>represents alignment with the Florida State Health Improvement Plan

**Community Health Needs Assessment** 

Goal: Reduce illness, disability, and death related to tobacco use and secondhand smoke exposure. (A)

# Objective:

- By December 31, 2023, reduce the percent of youth (ages 10-17) that have used cigarettes in their lifetime from 29.5% to 27.5%. (▲)(■)
- By December 31, 2023, reduce the percent of youth (ages 11-17) that have used smokeless tobacco on one or more of the past 30 days from 12.9% to 9.9%.

- Florida Youth Substance Abuse Survey (FYSAS)
- 2014 Florida Youth Tobacco Survey

Strategies	Resources	Lead Person/Organization	Measure	Current Performance Level	Target
Participate in a health fair in schools/day cares.	AHEC     School nurses and faculty	Florida Department of Health in Holmes County Tobacco Program	# of health fairs	0	1 fair annually
Implement at least 2 tobacco observance activities in the Hospital.	<ul> <li>Tobacco Prevention Staff/Students Working Against Tobacco (SWAT)</li> <li>School resource officer</li> <li>Local schools</li> </ul>	Doctors Memorial Hospital	# of tobacco observance activities # of schools	0 activities	2 per year

<sup>■</sup> represents alignment with the National Healthy People 2020 initiative



<sup>▲</sup>represents alignment with the Florida State Health Improvement Plan

# Health Issue Priority: Behavioral Health (including Mental Health, Substance Abuse, & Domestic Violence)

Goal: Improve behavioral health (to include mental health, substance abuse, and domestic violence) in Holmes County so that adults, children, and families are healthy participants living in their communities. (•)

#### Objective:

- By December 31, 2023, reduce the suicide death rate in Holmes County from 21.3 per 100,000 population to 20.3 per 100,000 population. (■)
- By December 31, 2023, reduce the percent of Holmes County adults reporting poor mental health on 14 or more of the past 30 days from 13.2% to 12.7%.

- Florida CHARTS
- Behavioral Risk Factor Surveillance System (BRFSS)

Strategies	Resources	Lead Person/Organization	Measure	Current Performance Level	Target
Create/ provide a behavioral health resource program which includes services, support groups, etc.	<ul> <li>Local Service Providers</li> <li>National Alliance on Mental Illness (NAMI)</li> <li>Life Management Center</li> <li>Florida Therapy</li> <li>Doctors Memorial Hospital</li> <li>Pancare</li> <li>Chautauqua Offices of Psychotherapy and Evaluation (COPE)</li> <li>Chemical Addiction Recovery Effort (CARE)</li> <li>DCF- Family Intervention Program</li> <li>Families First</li> <li>Anchorage Outreach</li> </ul>	Healthy Holmes Task Force (HHTF) Sub- Committee	Creation of the behavioral health resource list	0	1

# **Community Health Needs Assessment**

Partner with organizations to provide stress management	<ul> <li>Local Service Providers</li> <li>National Alliance on Mental Illness (NAMI)</li> <li>Life Management Center</li> </ul>	Healthy Holmes Task Force (HHTF) Sub-	# of stress management classes offered	0	5 (1 annually)
classes.	<ul><li>Florida Therapy</li><li>Doctors Memorial Hospital</li><li>Families First</li><li>Anchorage Outreach</li></ul>	Committee	# of attendees at stress management classes	0	50 total (10 annually)
Research capacity of faith based organizations to provide behavioral health support.	<ul><li>Ministerial Association</li><li>Faith-based organizations</li><li>Pregnancy Center</li></ul>	Healthy Holmes Task Force Sub-Committee	List of researched faith-based organizations	0	1
Support the implementation of the Mental Health First Aid 101 program as conducted by System of Care, Circuit 14.	<ul> <li>System of Care, Circuit 14</li> <li>Holmes County School System</li> <li>Department of Children and Families</li> <li>Department of Juvenile Justice</li> </ul>	Healthy Holmes Task Force Sub-Committee & System of Care, Circuit 14	# of people trained in Mental Health First Aid	0	5

<sup>■</sup> represents alignment with the National Healthy People 2020 initiative



<sup>▲</sup>represents alignment with the Florida State Health Improvement Plan

**Community Health Needs Assessment** 

Goal: Improve behavioral health (to include mental health, substance abuse, and domestic violence) in Holmes County so that adults, children, and families are healthy participants living in their communities. (•)

Objective:  - By April 30, 2023, decrease the domestic violence offense rate from 694 offenses per 100,000 population to 619 per 100,000 population. (■)					Data Source:  - Florida CHARTS		
Strategies	Resources	Lead Person/Organization	Measure	Current Performance Level	Target		
Partner with Green Dot program to provide education, bystander prevention.	<ul> <li>DJJ could provide education in schools</li> <li>Green Dot</li> <li>Florida Department of Health in Holmes County</li> <li>School nurses</li> </ul>	Milton Brown (Green Dot)  Healthy Holmes Task Force Sub-Committee	# of classes/sessions	0	1class total annually		
Partner with Healthy Start to educate women on domestic violence.	<ul> <li>Holmes County organizations</li> <li>Gulf Coast Sexual Assault</li> <li>Healthy Start</li> <li>Florida Department of Health in Holmes County</li> </ul>	Healthy Start  Florida Department of Health in Holmes County	# of events where education is provided	0	5 events		
Partner with the Holmes County Sheriff's Office to provide community education.	<ul> <li>Salvation Army</li> <li>Gulf Coast Sexual Assault</li> <li>Holmes County Sheriff's Office</li> <li>Florida Department of Health in Holmes County</li> </ul>	Healthy Holmes Task Force Sub-Committee	# of presentations	0	10 total (2x annually)		
Promote abuse hotline at events throughout Holmes County.	<ul> <li>Salvation Army</li> <li>Gulf Coast Sexual Assault</li> <li>Panhandle Area Educational Consortium (PAEC)</li> </ul>	Healthy Holmes Task Force Sub-Committee	# of events	0	25 total (5 events annually)		

<sup>■</sup> represents alignment with the National Healthy People 2020 initiative



<sup>▲</sup>represents alignment with the Florida State Health Improvement Plan

Goal: Improve behavioral health (to include mental health, substance abuse, and domestic violence) in Holmes County so that adults, children, and families are healthy participants living in their communities. (•)

Objective:	Data Source:					
	<ul> <li>By April 30, 2023, increase the proportion of adolescents who perceive a great risk of harm from trying marijuana from 37.9% to 39.9%. (■)</li> </ul>				<ul> <li>Florida Youth Substance Abuse Survey (FYSAS)</li> </ul>	
Strategies	Resources	Lead Person/Organization	Measure	Current Performance Level	Target	
Partner with school district to utilize resource officers as substance abuse educators in high schools.	<ul><li>Holmes County Sheriff's Office</li><li>Holmes County Schools</li><li>CARE</li></ul>	Healthy Holmes Task Force Sub- Committee	# of educational presentations	0	5	
Partner with CARE to educate students on the dangers of drugs and alcohol in middle schools.	<ul><li>CARE</li><li>Laurel Oaks</li><li>Holmes County Schools</li></ul>	Healthy Holmes Task Force Sub- Committee	# of educational presentations	0	5	

<sup>■</sup> represents alignment with the National Healthy People 2020 initiative



<sup>▲</sup>represents alignment with the Florida State Health Improvement Plan

# Health Issue Priority: Contagious Disease: COVID-19

Goal: Decrease and minimize the spread of contagious disease primarily COVID-19.

Strategies	Resources	Lead Person/ Organization	Measure	Current Performance Level	Target

Doctors Memorial Hospital and the steering committee recognizes the need to focus on COVID-19 and the effects it has on the community. With the United States and the state of Florida currently enduring a public health emergency, the healthcare community is in the early stages in learning how to fully combat the virus. As healthcare providers learn more about the virus, guidance will be released to give providers the information needed to protect its community. As this information is released, Doctors Memorial Hospital will incorporate it into its Community Health Implementation Plan. Currently, Doctors Memorial is following the latest guidance from the Centers of Disease and Prevention and will continue to focus on the needs of the community that is impacted by the virus.

**Community Health Needs Assessment** 

#### Thank You section:

This comprehensive assessment will allow us to better understand the needs and concerns of our community. Doctors Memorial Hospital is proud to serve our community. As always, through our commitment to compassionate and mission-focused healthcare, we are honored to work closely with our collaborative partners in our community to provide outstanding healthcare and create a healthier world for the residents of Holmes County and the surrounding area. Dedication to our values of performance, accountability, service, stewardship, integrity and teamwork has allowed us to continue to proudly serve our community.

Thanks to each of you who provided valuable insight into this report. Your participation in the data gathering, discussions, and decision-making process helped make this a true community effort which will better serve all segments of our population.

**Community Health Needs Assessment** 

# **APPENDICES**

# Appendix A: IRS CHNA Extension - "Notice 2020-56"

Part III - Administrative, Procedural, and Miscellaneous

Additional Relief with Respect to Deadlines under Section 501(r)(3) Applicable to Hospital Organizations Affected by the Ongoing Coronavirus Disease 2019 Pandemic

Notice 2020-56

#### **SECTION 1. PURPOSE**

In response to the ongoing Coronavirus Disease 2019 (COVID-19) pandemic, this notice amplifies the relief provided in Notice 2020-23, 202-18 IRB 742, for hospital organizations that are required to meet the community health needs assessment (CHNA) requirements under section 501(r)(3) of the Code. Notice 2020-23 postponed until July 15, 2020, the deadline for performing any CHNA requirement that is due to be completed on or after April 1, 2020, and before July 15, 2020. This notice provides a further postponement, until December 31, 2020, of the deadline for performing any CHNA requirement due to be completed on or after April 1, 2020, and before December 31, 2020.

#### **Community Health Needs Assessment**

#### **SECTION 2. BACKGROUND**

#### A. CHNA Requirements for Hospital Organizations

Section 501(r)(1) states that an organization described in section 501(r)(2) (a hospital organization) will not be treated as described in section 501(c)(3) unless the organization meets the requirements described in section 501(r)(3) through 501(r)(6). Section 501(r)(2) specifies that a hospital organization must meet the section 501(r) requirements, including the requirements of section 501(r)(3), separately with respect to each hospital facility it operates.

Section 501(r)(3) requires a hospital organization to conduct a CHNA at least once every three years and adopt an implementation strategy to meet the community health needs identified through the CHNA (collectively, CHNA requirements). The CHNA must take into account input from persons who represent the broad interests of the community served by the hospital facility, including those with special knowledge of or expertise in public health. In addition, the CHNA must be made widely available to the public.

The CHNA must be conducted by the end of the third taxable year (or in either of the two taxable years immediately preceding such taxable year). The implementation strategy must be adopted on or before the 15th day of the fifth month after the end of the taxable year in which the hospital facility completes the final step for the CHNA.

Section 4959 imposes a \$50,000 excise tax on a hospital organization that fails to meet either or both of the section 501(r)(3) CHNA requirements with respect to any taxable year.

# B. COVID-19 Disaster Relief – Prior Postponement of Certain Deadlines and Other Requirements Pursuant to Section 7508A

On March 13, 2020, the President of the United States issued an emergency declaration under the Robert T. Stafford Disaster Relief and Emergency Assistance Act, 42 U.S.C. 5121 et seq., in response to the ongoing COVID-19 pandemic (Emergency Declaration). The Emergency Declaration instructed the Secretary of the Treasury "to provide relief from tax deadlines to Americans who have been adversely affected by the COVID-19 emergency, as appropriate, pursuant to 26 U.S.C. 7508A(a)."

Section 7508A provides the Secretary of the Treasury or his delegate (Secretary) with the authority to postpone the time for performing certain acts under the internal revenue laws for a taxpayer determined by the Secretary to be affected by a federally declared disaster as defined in section 165(i)(5)(A). Pursuant to section 7508A(a), a period of up to one year may be disregarded in determining whether the performance of certain acts is timely under the internal revenue laws.

On April 9, 2020, the Department of the Treasury and the Internal Revenue Service issued Notice 2020-23, which provides relief under section 7508A(a) of the Code for certain persons that the Secretary determined to be affected by the COVID-19 emergency. Notice 2020-23 provides, among other things, that the term Affected Taxpayer includes any person who performs a time-sensitive action listed in Rev. Proc. 2018-58, 2018-50 IRB 990, due to be performed (originally or pursuant to a valid

extension) on or after April 1, 2020, and before July 15, 2020. The time-sensitive

actions listed in Rev. Proc. 2018-58 include the requirement under section 501(r)(3) to conduct a CHNA in the taxable year or in either of the two taxable years immediately preceding the taxable year and to adopt an implementation strategy to meet the community health needs identified through the CHNA. See Rev. Proc. 2018-58, section

10, 2018–50 IRB at 1005. Accordingly, Notice 2020-23 postponed until July 15, 2020, the deadline for any CHNA due to be conducted and for any implementation strategy due to be adopted on or after April 1, 2020, and before July 15, 2020.

#### **SECTION 3. GRANT OF RELIEF**

Any hospital organization that is required to meet either of the CHNA requirements under section 501(r)(3) of the Code on or after April 1, 2020, and before December 31, 2020 (Specified Time-Sensitive Action), is determined to be affected by the COVID-19 emergency for purposes of the relief described in this section 3 (Affected Taxpayer).

For an Affected Taxpayer, the due date for any CHNA due to be conducted and for any implementation strategy due to be adopted on or after April 1, 2020, and before December 31, 2020, is postponed to December 31, 2020. Even though the due date for a CHNA to be conducted on or after April 1, 2020, and before December 31, 2020, is postponed to December 31, 2020, by this notice, for purposes of applying

§ 1.501(r)-3(c)(5) of the Income Tax Regulations to determine the deadline for adoption of the implementation strategy, the hospital facility is not considered to have completed



#### **Community Health Needs Assessment**

the final step for the CHNA in a later taxable year. Thus, for example, if an Affected Taxpayer was required to conduct a CHNA by April 30, 2020 (the end of the third taxable year) and was required to adopt an implementation strategy by September 15, 2020, the Affected Taxpayer now has an extension until December 31, 2020, to complete both steps.

#### **SECTION 4. EFFECT ON OTHER DOCUMENTS**

Notice 2020-23 is amplified.

#### **SECTION 5. DRAFTING INFORMATION**

The principal author of this notice is Ingrid M. Vatamanu of the Office of the Associate Chief Counsel (Employee Benefits, Exempt Organizations, and Employment Taxes). For further information regarding this notice contact Ingrid M. Vatamanu on (202) 317-4541 (not a toll-free call).

# **Appendix B: Holmes County Community Survey**

#### How HEALTHY IS HOLMES COUNTY?

The Healthy Holmes Task Force needs your help in better understanding the community's health. Please fill out this survey to share your opinions about healthcare services and the quality of life\*in Holmes County. The survey results will be presented to the community and made available to the public in a written report. The information gathered from responses to this survey will help make Holmes County a better place to live.

Thank you, in advance, for your participation!

mank you, in advance, for you	participation.
Check up to 5 selections you feel are the most important fe     □Access to churches or other places of worship     □Access to healthcare     □Access to parks and recreation     □Adequate accommodations for persons with disabilities     □Affordable and/or available housing options     □Clean environment     □Equality among different racial/ethnic group     □Good jobs, healthy economy	atures of a healthy community:  Good public transportation  Good education  Low crime rates/safe neighborhoods  Low death & disease rates  Preventive health services  Quality childcare  Quality social services  Other
2. Check up to 5 (total) of the health problems you feel are the Diseases/Health conditions:  ☐ Asthma ☐Cancers ☐Contagious diseases (i.e. flu, pneumonia) ☐Diabetes ☐Heart disease & stroke ☐HIV/AIDS/Sexually Transmitted Diseases ☐Obesity ☐Respiratory/ lung disease (Asthma/COPD/emphysema) ☐Hepatitis (A, B, C, D, E)	Other Problems:  Addiction – alcohol or drug  Homelessness  Child abuse/neglect  Drowning  Firearm-related injuries  Domestic violence  Infant death/ premature birth
Access and availability problems for:  Dental care services  End of life care (nursing homes, hospice)  Halfway houses and group homes  Hospital Services  Mental health services  Pediatric Services  Prenatal care and childbirth education  Primary care services  Specialty care services (i.e. surgery, X-rays)  Substance abuse services	☐ Medical errors ☐ Suicide ☐ Teenage pregnancy ☐ Prescription drug costs ☐ Rape/sexual assault ☐ Bullying ☐ School Violence ☐ Other

# **Community Health Needs Assessment**

3. Check up to 5 behaviors you	are most concerned ab	out in Holmes Col	unty:		
□ Alcohol abuse	☐ Lack of exercise		☐ Child Safety Issues		
□ Juvenile	□ Teen sexual activity		□ Tobacco use (i.e		
delinquency	☐ Racism		cigarettes, chewing tobacco,		
□ Drug abuse	□ Not getting vaccines to prevent		e-cigarettes)		
☐ Being	disease		☐ Unsafe sex		
overweight/obese	□ Not using birth control		□ Other		
☐ Dropping out of	□ Poor eating habits				
school	□ Lack of prevention	n activities (i.e.			
□ Violence	cancer screenings)				
Li violence					
What do you feel are barriers below using a scale of 1 to 3:	for <u>you</u> in getting heal	thcare? Please an	nswer each of the statements		
1= This is a Barrier	2 = This is NO	OT a Barrier	3 = I Don't Know		
Lack of transportation	_	_	ular source of healthcare		
Can't pay for services/med	lication	Lack of even	ning and week-end services		
Can't find providers that ac			eatment will help		
Don't know what types of s			t people will think		
Don't trust healthcare prov Don't like accepting govern		Bad past exp	/e health check-up		
Not sure when I need healt			nformation is not kept confidential		
Not sale unen meet near	indire		mornidadir io not ropt communicati		
5. When you need to use prescr	ription medications for	an illness, do you	(check all that apply)		
☐ Have your prescription filled a			Go without medicine		
☐ Buy over-the-counter medicin	_		Use medication of friends or family		
☐ Use leftover medication preso			Use herbal remedies instead		
☐ Get medications from sources					
6. How do you rate your overall I	health? (check <u>one</u> sel	ection)			
☐ Excellent ☐ Good ☐	□ Fair □ Poor	☐ Don't Know			
7. How would you rate Holmes 0	County as a "Healthy Co	ommunity?" (checl	k <u>one</u> selection)		
☐ Very Healthy ☐ Healthy ☐ So	mewhat Healthy 🗆 Uni	healthy   Somewi	hat Unhealthy 🗆 Very Unhealthy		
8. How is your healthcare cov	ered? (check all that	apply)			
☐ Health insurance offered from	n your job or a family m	nember's job 🛛	Medicare		
☐ Health insurance that you pay	y for on your own		Medicaid		
□ Veterans' Administration			Military Coverage		
☐ I don't have health insurance			Other:		
9. Who do you feel is most response					
			Church or Other Place of Worship		
☐ Family [	⊐ Mys elf □ Othe	r (Please describe	)		

# **Community Health Needs Assessment**

10. Where would you go if you are sick	or need advice about your health? (check <u>one</u> selection)
☐ Hospital emergency room	☐ A doctor's office
☐ The local health department	☐ Nowhere —I don't have a place to go when I get sick
A school clinic	☐ Other (Please describe)

Please rate how you agree with the following statements: Circle only one response for each question.

Please rate now you agree with the following s	Statements: Circl Strongly Disagree	e only <u>one</u> re Disagree	esponse for eac Neutral	n question. Agree	Strongly Agree
11. Overall, Holmes County is a safe place to live.	1	2	3	4	5
12. Holmes County is a good place to raise children.	1	2	3	4	5
13. Holmes County is a good place to grow o	ld. 1	2	3	4	5
14. There is economic opportunity in Holmes County.	1	2	3	4	5
<ol> <li>There are resources and support services in the community to help with special needs and in times of crisis.</li> </ol>	es 1	2	3	4	5
16. I voice my opinion regarding issues affecting Holmes County when given the	1	2	3	4	5
opportunity.  17. Government and community officials are responsive to the overall needs of the	1	2	3	4	5
community.  18. Holmes County has affordable housing options, including rentals, government low-income programs, and senior and retirement	1 t	2	3	4	5
housing.  19. I regularly participate in community servi activities.	ce 1	2	3	4	5
20. I am satisfied with the healthcare service receive in Holmes County.	es I 1	2	3	4	5
<ol><li>I am satisfied with the educational opportunities in Holmes County.</li></ol>	1	2	3	4	5

#### **Community Health Needs Assessment**

#### OTHER INFORMATION

Please check or fill in the blanks for the following questions. There will be no way to identify you or your answers.

0.0.
22. Name:
Company:
Address:
Address 2:
City/Town:
State/Province:
ZIP/Postal Code:
Country:
Email Address:
Phone Number:
23. Age: □ Under 18 □ 18-24 □ 25-34 □ 35-44 □ 45-54 □ 55 -64 □ 65
24. Gender:   Male Female Trans/Other
25. Race/Ethnicity: Which group do you most identify with? □White or Caucasian □ Black or African American □Hispanic or Latino □ Asian American □American Indian or Alaska Native □ Native Hawaiian or other Pacific Islander □ Another Race
26. Education: Please check the highest level completed:  ☐ Grade/Middle School ☐ Technical/Community College ☐ Graduate/Advanced Degree ☐ High school diploma/GED ☐ 4-year College/Bachelor's degree
27. Employment Status: □Employed Full-Time □ Employed Part-Time □ Retired □Unemployed □ Stay-at-home Parent/Family Member □ Student □Other
28. Household income:  □Less than \$15,000 □\$30,000 to \$49,999 □\$75,000 - \$99,999 □\$15,000 to \$29,999 □\$50,000 to \$74,999 □\$100,000 or more
Please list any other comments you have about the health issues in Holmes County:

THANK YOU FOR COMPLETING THIS SURVEY!